



Protein Chocolate Muesli

Ingredients: gluten free **oat** granola 54% (gluten free **oats**, sugar, rapeseed oil, glucose syrup, honey), skimmed **milk** powder, **milk** proteins, chocolate chips 8% (sugar, cocoa mass, cocoa butter, dextrose, emulsifier: E322), coconut cream powder.

Claims: Gluten free and Lactose free

Category: Dry meal

Preparation:

- 1 Tear off the top and fold out the bottom
 - 2 Add 200 ml of cold water (level F)
 - 3 Stir
 - 4 Re-seal, wait 5 mins
- Add more water if required.

Content: 140 g

Shelf life: 60 months at an ambient temperature in a temperate climate or according to NATO Standard AMedP-1.11; Chapter 3 – Shelf Life.

Storage: Dry at room temperature.

Nutritional values:

Nutritional declaration	Per 100g (dry product)	Per Pouch (prepared)
Energy (kJ)	1889 kJ	2644 kJ
Energy (kcal)	451 kcal	632 kcal
Fat	15 g	21 g
of which saturated fat	6,0 g	8,5 g
Carbohydrate	59 g	82 g
of which sugars	24 g	33 g
Fiber	1,9 g	2,7 g
Protein	19 g	26 g
Salt	0,2 g	0,3 g

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