



FOOD FORCE

Kaerahelbepuder mustikatega / Instant oatmeal with blueberries

Koostisosad: kaerahelbed 80%, lisand 20% (suhkur, sool, mustikad, mustika lõhna- ja maitseaine).

Ingredients: oatmeal 80%, additives 20% (sugar, salt, blueberries, blueberry flavor).

Toitumisalane teave 100g kohta /Nutritional values per 100g

Energiasisaldus / Energy value	1881kJ/450kcal
Rasvad / fat	6,74 g
Millest küllastunud rasvhapped / including saturated fatty acids	0,9 g
Süsivesikud / carbohydrates	75,3 g
Millest suhkrud / including sugars	26 g
Kiudained/ fiber	16,3 g
Valgud / protein	14,1 g
Sool / salt	0,16 g

Säilitada kuivas ja jahedas. / Store in a cool and dry place.

Netokaal / net weight: 100g

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