



## Pasta Carbonara with cheese

**SE/DK/NO Ingredienser:** Vatten/vann, kokt/kogt pasta 20 % (vatten/vann, semolina av **durumvete/durumhvede/ durumhvete (gluten), äggvita/æggehvide**), kokt/kogt skinka/skinke 13 % (fläsk/svinekød/svinekjøtt, vatten/vann, salt, glukossirap/glukossirup, dextros, kryddextrakt/krydderiekstrat, antioxidant: natriumaskorbat, stabilisator: difosfater, konserveringsmedel: natriumnitrit), maltodextrin, lök/løg/løk, rapsolja/rapsolie, laktosfri **grädde/fløde/fløte** 1,2 %, modifierad/modificeret stärkelse/stivelse, Parmigiano Reggiano **-ost** 0,9 %, arom/aroma (innehåller/indeholder **selleri**), förtjock- ningsmedel/fortykningssmiddel: guarkärnmjöl/guarkernemel/guarkummi, xantangummi, salt, surhetsreglerande medel/surhedsreglerande middel: natriumcitrat, dextros, emulgeringsmedel/emulgator: E472e, rök arom/røgaroma/røykaroma), persilja/persille, socker/sukker, syra/syre: citronsyra. Kan innehålla/indeholde spår/spor av/af soja/soya och/og senap/sennep.

**EN Ingredients:** Water, cooked pasta 20 % (water, durum **wheat** semolina (**gluten**), **egg** white), cooked ham 13 % (pork meat, water, salt, glucose syrup, dextrose, spice extracts, antioxidant: sodium ascorbate, stabilizer: diphosphates, preservative: sodium nitrite), maltodextrin, onion, rapeseed oil, lactose-free **cream** 1,2%, modified starch, Parmigiano Reggiano **cheese** 0,9 %, flavorings (contains **celery**), thickeners: guar gum and xanthan gum, salt, acidity regulator: sodium citrate, dextrose, emulsifier: E472e, smoke flavoring, parsley, sugar, acidifier: citric acid. May contain traces of soy and mustard.

**FR Ingrédients:** Eau, pâtes cuites 20 % (eau, semoule de **blé** dur (**gluten**), blanc d'**œuf**), jambon cuit 13 % (viande de porc, eau, sel, sirop de glucose, dextrose, extraits d'épices, antioxydant: ascorbate de sodium, stabilisant: diphosphates, conservateur: nitrite de sodium), maltodextrine, oignon, huile de colza, **crème** sans lactose 1,2%, amidon modifié, Parmigiano Reggiano **fromage** 0,9 %, arôme (contient **céleri**), épaississants: gomme de guar et gomme de xanthane, sel, régulateur d'acidité: citrate de sodium, dextrose, émulsifiant: E472e, arôme de fumée, persil, sucre, acidifiant: acide citrique. Peut contenir des traces de soja et de moutarde.

**Claims:** Lactose free

**Category:** Wet meal

**Content:** 430 g

**Shelf life:** 42 months at an ambient temperature in a temperate climate or according to NATO Standard AMedP-1.11; Chapter 2.4. – Shelf Life.

**Storage:** Dry at room temperature.

**Nutritional values:**

| Nutritional declaration | Per 100g | Per Pouch (400g) |
|-------------------------|----------|------------------|
| Energy (kJ)             | 490 kJ   | 2108 kJ          |
| Energy (kcal)           | 117 kcal | 502 kcal         |
| Fat                     | 5,0 g    | 21 g             |
| of which saturated fat  | 1,1 g    | 4,7 g            |
| Carbohydrate            | 13 g     | 56 g             |
| of which sugars         | 1,1 g    | 4,5 g            |
| Fiber                   | 0,8 g    | 3,4 g            |
| Protein                 | 4,6 g    | 20 g             |
| Salt                    | 1,0 g    | 4,4 g            |



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 Consumer contact Phone +46 (0)20-94 00 94